

## Unit Title: **Counselling: The Reflective Supervisor**



Unit Credit Value:	<b>14</b>
Unit Level:	<b>Six</b>
Unit Guided Learning Hours:	<b>65</b>
Ofqual Unit Reference Number:	<b>F/506/5966</b>
Unit Review Date:	<b>31/07/2019</b>
Unit Sector:	<b>1.3 Health and Social Care</b>

### **Unit Summary**

This action research unit enables learners to conduct a formal descriptive enquiry into their own core theory of Supervision practice and client work. Learners will learn about the methods of enquiry used in therapeutic counselling Supervision research to assess and evaluate practice.

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### **Unit Information**

It is expected that before the unit is delivered, the tutor will have read the Qualification Specification to ensure all conditions regarding Rules of Combination, delivery, assessment and internal quality assurance are fulfilled. Additional guidance is available below as Assessment Guidance for Learning Outcomes and Assessment Criteria in **bold**.

### **This unit has 4 learning outcomes**

<b>LEARNING OUTCOMES</b>	<b>ASSESSMENT CRITERIA</b>
<b>The learner will:</b>	<b>The learner can:</b>
1. Be able to develop research methods to be able to conduct a meaningful enquiry into own Supervision practice	1.1. Critically evaluate research methods that would provide meaningful data in the context of own Supervision practice 1.2. Defend and explain the choice of research methods 1.3. Differentiate and discuss the projected outcomes of the studies 1.4. Draw conclusions which demonstrate an ability to critically reflect on praxis
2. Know how to use research to develop understanding of the chosen core theoretical approach and its application to Supervision practice	2.1. Critically evaluate recent research studies, and their application to Supervision within the chosen core theoretical approach 2.2. Critically evaluate the outcomes to Supervision practice in general

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
3. Be able to evaluate the demands of the Supervision placement	3.1. Assess the professional issues in regard to own Supervision placement 3.2. Acknowledge and evaluate emotional reactions of both Supervisor-Supervisee to client material in the promotion of effective counselling practice 3.3. Analyse the impact of self-disclosure in the process and practise of a Supervisory relationship 3.4. Evaluate potential areas of conflict between the candidate and the Supervision placement/Supervisee(s)
4. Understand the effectiveness of therapeutic counselling Supervision in maintaining professional counselling practice standards and outcomes	4.1. Demonstrate an awareness of ethical issues, and an ability to work with them 4.2. Justify and explain an ethical problem-solving strategy employed in the candidates' practice 4.3. Analyse the efficacy of therapeutic counselling Supervision with reference to maintaining fitness to practise 4.4. Demonstrate an ability to support Supervisees' growth in skills, theory and self-awareness

This unit is assessed by:

- A research project of 2000-2500 words presenting findings which analyse the learners' Supervision practice in terms of problems and issues arising from their core theoretical approach.
- A presentation to peers in the form of seminar or group discussion describing and analysing the effectiveness of therapeutic counselling Supervision in maintaining practice standards.
- A reflective journal of no more than 800 words per entry for each Supervision session in the placement.

### Evidence Requirements

Evidence of practical ability must be demonstrated.