

Unit Title: **Counselling: The Developing Supervisor**



Unit Credit Value:	14
Unit Level:	Six
Unit Guided Learning Hours:	65
Ofqual Unit Reference Number:	T/506/5964
Unit Review Date:	31/07/2019
Unit Sector:	1.3 Health and Social Care

Unit Summary

The aim of this unit is to enable learners to demonstrate extensive knowledge and understanding of the three main theories of counselling and how they can underpin and influence the nature, process and practice of therapeutic counselling Supervision. Learners will develop the essential knowledge and skills for establishing and maintaining an effective Supervisor/Supervisee relationship, and will develop and practise skills and techniques from the chosen theoretical approach as they relate to Supervision.

Unit Information

It is expected that before the unit is delivered, the tutor will have read the Qualification Specification to ensure all conditions regarding Rules of Combination, delivery, assessment and internal quality assurance are fulfilled. Additional guidance is available below as Assessment Guidance for Learning Outcomes and Assessment Criteria in **bold**.

This unit has 4 learning outcomes

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand the key concepts of the counselling theories in relation to therapeutic counselling Supervision	1.1. Critically evaluate the key theoretical assumptions about the process of therapeutic counselling Supervision for each of the theoretical approaches 1.2. Discuss how the theoretical orientation of the Supervisor can influence the relationships between Supervisor-Supervisee and counsellor-client 1.3. Analyse how the theoretical orientation of the Supervisor may influence the outcome of counselling practice 1.4. Demonstrate typical Supervisory interventions related to each of the theories

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
2. Understand the strengths and limitations of the counselling theories in relation to therapeutic counselling Supervision	2.1. Critically evaluate the strengths and limitations of each of the main theories of counselling in relation to therapeutic counselling Supervision
3. Understand the key features of the Supervisory relationship in each of the counselling theories	3.1. Evaluate the skills required to establish the Supervisory relationship within each of the main theoretical approaches 3.2. Compare and contrast the elements of the Supervisory relationship in each of the main theoretical approaches 3.3. Critically analyse how the difference in theoretical orientation between the Supervisor and Supervisee may influence the process and outcome of the counselling relationship
4. Understand the development of the working alliance between the Supervisor and Supervisee in relation to the theoretical approaches	4.1. Demonstrate an ability to negotiate the working alliance; its extent and limits in the Supervisor-Supervisee relationship 4.2. Evaluate the influence of the theoretical approach of the Supervisor on the development of the working alliance 4.3. Critically analyse how the difference in theoretical orientation between the Supervisor and Supervisee may influence the establishment of working alliances

Assessment Guidance

This unit is assessed by:

- A reflective and learning Journal of up to 800 words per entry, which will be maintained and assessed after each learning session and continue throughout the unit.
- A research paper of 2500-3000 words of the chosen theoretical approach and how it relates to the nature, process and practise of therapeutic counselling Supervision.

Unit Title: **Counselling: The Developing Supervisor**



- A seminar paper for discussion in the learning group which considers an alternative theoretical approach and how it relates to the nature, process and practise of therapeutic counselling Supervision.
- A simulated therapeutic counselling Supervision session followed by a written report and self-evaluation.

Indicative Content

Learning Outcome 1

Counselling theories: Cognitive-Behavioural, Humanistic and Psychodynamic counselling

Evidence Requirements

Evidence of practical ability must be demonstrated.